

WHAT IS ELDER ABUSE AND WHAT ARE THE SIGNS?

Elder abuse refers to any form of mistreatment of an older person, including physical, emotional, sexual, or financial abuse, as well as neglect and abandonment.

Some signs of elder abuse include:

Physical signs: bruises, broken bones, bed sores, or other injuries that are not adequately explained

Emotional signs: withdrawn behavior, depression, anxiety, or sudden changes in mood or behavior

Financial signs: sudden changes in bank account or banking practices, unexpected disappearance of funds or valuable possessions, and forged signatures on checks or legal documents

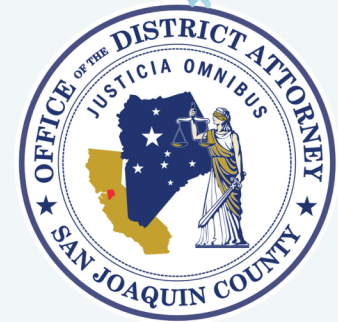
Neglect: untreated medical conditions, unsanitary living conditions, dehydration, malnutrition, or untreated bedsores

Signs of isolation: the older person is being prevented from seeing friends or family, or is being prevented from accessing medical care or services.

NOTES



Services for Seniors of San Joaquin County



RON FREITAS

DISTRICT ATTORNEY
SAN JOAQUIN COUNTY



222 East Weber Avenue
Stockton
209-468-2400

TIPS TO PREVENT SCAMS

Guard Your Personal Information:

Never share sensitive information like your social security number, bank details, credit card number, or Medicare information over the phone, unless you initiated the call and are certain of the recipient's identity.

Exercise Caution with Money Requests:

Be cautious when strangers or even family members ask for money. Telemarketing scams targeting seniors can be incredibly deceptive, often preying on your kindness and generosity by posing as charities, organizations, or even relatives.

Avoid Gift Card Payments:

Never pay anyone with gift cards. Whether it's a supposed government representative or a business associate, legitimate entities won't ask for payment in gift cards. This is a common tactic used by scammers.

Do Not Hesitate to Hang Up:

If something feels off during a phone call, don't hesitate to hang up. Trust your instincts. Scammers often use high-pressure tactics or create a sense of urgency to manipulate their victims. Remember, it's okay to end the call if you feel uncomfortable or suspicious.

By staying vigilant and following these tips, you can better safeguard yourself against scams and protect your financial well-being.

If you suspect you've been targeted by a scam, don't hesitate to reach out to your local authorities or Adult Protective Services.

WHO TO CONTACT WHEN YOU NEED ASSISTANCE

IF YOU ARE IN DANGER, CONTACT 911 IMMEDIATELY.

San Joaquin County Adult Protective Services: 209-468-3780

- Report suspected elder abuse or neglect/self-neglect

San Joaquin County District Attorney Victim Witness: 209-468-2500

- Check the case status of a reported crime
- Receive assistance with filing a restraining order
- Apply for compensation services

San Joaquin County District Attorney Elder Abuse Unit: 209-468-2488

- Check the case status of a reported crime

San Joaquin County Family Justice Center: 209-468-2600

- Receive assistance with filing a restraining order
- Information on programs and assistance for seniors

San Joaquin County Ombudsman Hotline: 209-468-3785

24-Hour Ombudsman Crisis Line: 800-231-4024

- Helps with concerns about the quality of care provided to residents in long-term care facilities

Annual Credit Report Request: 877-322-8228

- Provides a free credit report every 12 months

Credit Reporting Agencies:

- Equifax: 800-685-1111
- Experian: 888-397-3742
- TransUnion: 888-909-8872

HEAP (Home Energy Assistance Program): 209-468-1500

San Joaquin Aging and Community Services: 209-468-1104

San Joaquin In-Home Supportive Services for the Elderly: 209-468-2202

Eldercare Locator: 800-677-1116

Social Security Administration: 888-772-1213

National Elder Abuse Hotline: 800-677-1116

Adult Protective Services Association: 888-800-4800

